

# MESSAGE DISCUSSION QUESTIONS

Questions to dig deeper into this week's topic

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## THE RECIPE FOR NO REGRETS

APRIL 27, 2025 | NO ANONYMITY

1. What's a time in your life when you felt lonely?
2. Is there a friendship from TV or a Movie that feels like an ideal friendship to you? Why?
3. There are many internal barriers to friendship: competitiveness, judgy-ness, busyness, fear of rejection, old wounds – what's a big barrier for you?
4. Read 1 Samuel 20. What parts of David and Jonathan's friendship are most scary, and which are the most compelling?
5. Likewise, Jesus initiated and covenanted with us. Following his example, is there a friendship you feel led to deepen?